

Referring Provider:

pending appt

Reason for Visit:

COPD

HPI:

History:

Yes or No Dyspnea
Yes or No Chronic cough
Yes or No Sputum production
Yes or No Current smoker
Yes or No Exacerbation in past year requiring hospitalization

PMH:

SH:

Tobacco: duration and pack per day
ETOH:
Illicits:
Exercise:

Current Meds:

Vital Signs:

Physical Exam:

Respiratory

Measures of COPD:

FEV1 % of Predicted =
COPD Assessment Test (CAT) Score =
mMRC Breathlessness Scale Score =
Number of exacerbations in past year =
Number requiring hospitalizations =

Assessment:

1. COPD
 - a. GOLD Classification = A B C D
 - i. A – FEV1>50% OR 0-1 exacerbations (0 hospital); CAT<10 OR mMRC 0-1
 - ii. B – FEV1>50% OR 0-1 exacerbations (0 hospital); CAT>10 OR mMRC ≥ 2
 - iii. C – FEV1<50% OR ≥2 exacerbations (≥1 hospital); CAT<10 OR mMRC 0-1
 - iv. D – FEV1<50% OR ≥2 exacerbations (≥1 hospital); CAT>10 OR mMRC ≥ 2
 - b. Treatment appropriate: Yes or No

Plan:

1. Smoking Cessation Counseling
2. Education
 - a. Pathophysiology
 - b. Inhaler technique
3. Vaccines
 - a. Influenza

- b. Pneumococcal
- 4. Pharmacological Treatment
 - a. Optimize treatment selection
 - i. GOLD A – Albuterol
 - ii. GOLD B – Tiotropium
 - iii. GOLD C – Symbicort OR Tiotropium
 - iv. GOLD D – Symbicort AND/OR Tiotropium
 - b. Assess inhaler technique
- 5. Recommend Pulmonary Rehabilitation (GOLD B-D)