

Referring Provider: Dr. aggarwal

pending appt

Reason for Visit:

HTN with JNC 7 Stage1

HPI

History: Mr. Watkins

Yes or NO Headaches/Blurred Vision
Yes or No Dietary compliance with Na+ <2g/day or NaCl <6g
Yes or No DASH diet
Yes or No Compliance with meds
Yes or No OTC meds/herbal meds
Yes or NO ETOH use
Yes or No S/S of target end organ damage
Yes or No Thyroid Disease
Yes or No Chronic Kidney Disease
Yes or No Hypokalemia
Yes or No Retinopathy
Yes or No Age >45 men >55 women
Yes or No Tobacco abuse
Yes or No BP >140/90 or trx for HTN
Yes or No HDL <40
Yes or No Hx of premature CHD (male <55 female <65)\
Yes or NO Snoring
Yes or No Daytime Somolence
Blood Glucose

Past medical HX:

Current Meds:

See med list

Vital Signs

Physical Exam

Peripheral Vasculature Arterial Pulses

Head/Neck- Bruits yes or no

Assessment:

1. Hyperlipidemia: At goal/Not at goal
2. Goal LDL=
Framingham risk Score calculation=

History or No hx of CAD: TC=234Trigs=122 LDL=146 HDL=64

3. Hypertension: At goal/Not at goal. Lisinopril 5mg qd
JNC Stage =
4. Other

Plan:

Minutes spent with patient of which at least 50% counseling or coordinating care