

Referring Provider:DR. Akataue

pending 1/08

Reason for Visit:

Type II Diabetes treatment with TLC/oral medications

Age of diagnosis:

HTN

Hyperlipidemia

HPI

History:

Current Meds:

Active Problems:

PMH with education of disease:

Family Hx:

CAD

DM

HTN

Hyperlipidemia

Personal Hx:

Tobacco: duration and packs per day

ETOH:

Exercise: > or < 3 x per week

Limited by condition

Work:

ROS:

Blood glucose check: Yes or No

Frequency:

Hospitalized for diabetes: Yes or No

Emergency Room visits for hyperglycemia:

Emergency Room visits for hypoglycemia:

Most recent eye exam:

Most recent dental exam:

Recent weight gain or loss:

ASA >15 doses per month: Yes or NO

Yes or No Polyuria

Yes or No polyphagia

Yes or No polydypsia

Vital Signs

Physical Exam

General Appearance:

Well-appearing Alert Well developed In no acute distress

Cardiovascular System

Arterial Pulses: Dorsalis Pedis pulses were abnormal/normal

Abdomen:

Waist circumference: >40in for men >35 in for woman

Neurological:

Sensation: monofilament wire test of feet performed Normal/Abnormal

Skin: No breakdown or hyperpigmented patches

Results:**Assessment:**

1. Diabetes:

Blood Glucose readings not at goal

A1c: not at goal

Complications with hypoglycemia: none reported or other

Microalbuminuria; pending with next labs

Anti-Platelet more than 15x per month; Yes or No

Chronic Kidney Disease: None

Peripheral Neuropathy: Present last appt podiatry

Retinopathy: Absent

Erectile dysfunction:

Immunizations

Sleep Apnea

2. Hyperlipidemia: At goal/Not at goal (Drug)

History or No hx of CAD: TC=Trigs= LDL= HDL=

3. Hypertension: At goal/Not at goal. On no medication

4. Other

Plan: Order changes

Ordered random glucose testing pre/post bid tid qid

Recommended dietary counseling etc.....