Referring Provider: DR. Akataue  pending 1/08

Reason for Visit:
Type II Diabetes treatment with TLC/oral medications
Age of diagnosis:

HTN
Hyperlipidemia

HPI
History:

Current Meds:

Active Problems:

PMH with education of disease:

Family Hx:
CAD
DM
HTN
Hyperlipidemia

Personal Hx:
Tobacco: duration and packs per day
ETOH:
Exercise: > or < 3 x per week
Limited by condition
Work:

ROS:
Blood glucose check: Yes or No
Frequency:
Hospitalized for diabetes: Yes or No
Emergency Room visits for hyperglycemia:
Emergency Room visits for hypoglycemia:
Most recent eye exam:
Most recent dental exam:
Recent weight gain or loss:
ASA >15 doses per month: Yes or NO
Yes or No Polyuria
Yes or No polyphagia
Yes or No polydypsia

Vital Signs
Physical Exam

General Appearance:
Well-appearing  Alert  Well developed  In no acute distress

Cardiovascular System
Arterial Pulses: Dorsalis Pedis pulses were abnormal/normal

Abdomen:
Waist circumference: >40in for men  >35 in for woman

Neurological:
Sensation: monofilament wire test of feet performed  Normal/Abnormal

Skin: No breakdown or hyperpigmented patches

Results:

Assessment:

1. Diabetes:
   Blood Glucose readings not at goal
   A1c: not at goal
   Complications with hypoglycemia: none reported or other
   Microalbuminuria; pending with next labs
   Anti-Platelet more than 15x per month; Yes or No
   Chronic Kidney Disease: None
   Peripheral Neuropathy: Present last appt podiatry
   Retinopathy: Absent
   Erectile dysfunction:
   Immunizations
   Sleep Apnea

2. Hyperlipidemia: At goal/Not at goal  (Drug)
   History or No hx of CAD:  TC=Trigs=   LDL=   HDL=

3. Hypertension: At goal/Not at goal. On no medication

4. Other

Plan: Order changes
   Ordered random glucose testing pre/post bid tid qid
   Recommended dietary counseling etc.....